



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CLIMBING WALL SCHEDULE UPDATED 1-4-2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wall Closed	8 am - 3 pm Certified Climb	8 am - 3 pm Certified Climb	8 am - 3 pm Certified Climb	8 am - 3 pm Certified Climb	8 am - 3 pm Certified Climb	10 - 4 pm Open Climb
1:30 pm - 5 pm Open Climb						
Wall Closed	3:30 pm - 8 pm Open Climb	3:30 pm - 8 pm Open Climb	3:30 pm - 8 pm Open Climb	3:30 pm - 8 pm Open Climb	3:30 pm - 8 pm Open Climb	Wall Closed
Wall Closed	Wall Closed	Wall Closed	Wall Closed	Wall Closed	Wall Closed	Wall Closed

Climbing Wall Descriptions:

Certified Climb - Only those 18 and older and who have already be certified by the YMCA may climb.

Open Climb - YMCA certified staff will be available for anyone who wishes to climb the wall.

Climbing Wall Policies:

- All participants (boulders, belayers and climbers) must wear closed-toes shoes - no bare feet or open toed sandals are permitted.
- All boulders and climbers must wear a helmet at all times they are on the wall.
- All belayers must wear a harness and be connected to an anchor while belaying.
- Boulders 8 and under must have a parent or guardian with them at all times. All boulders must have a spotter 18 years or older
- **Before** bouldering you must check in with a facilitator.
- ONLY YMCA equipment is allowed on the wall.
- **Before** climbing, you must:
 - Have your harness, helmet, carabiner and knot check by a facilitator.
 - Be on belay with a certified belayer whose knot and carabiner has been checked and who is appropriately anchored.
 - Be wearing your climbing band so your permission to be on the wall is clearly evident.

ALL PARTICIPANTS UNDER THE AGE OF 18 MUST HAVE A WAIVER SIGNED BY PARENT/GUARDIAN BEFORE CLIMBING